

## Breads and Grills

- Fresh Soup of the Day (v)** **\$12**  
Freshly prepared on premises and served with toasted garlic & parmesan bread
- Garlic and Parmesan Organic Ciabatta (v)** **\$8.5**  
Oven baked garlic and parmesan ciabatta.
- Tanja's Organic Bruschetta (v)** **\$13.5**  
Baked organic ciabatta spread with garlic butter & parmesan cheese, topped with pesto, tomato salsa and feta, served on a balsamic drizzle  
With **smoked salmon** **\$17**
- Chef's choice of Dips (v)** **\$15**  
Vegetarian dips served with a variety of organic toasted breads.
- Country Style Breakfast** **\$20**  
Two fried free-range eggs, bacon, kransky sausage, potato hash on organic toast.

## Sandwiches & Burgers

### \$17.9

**Tanjas Classic Chicken Focaccia :** Chicken tenderloins, fresh avocado, and Swiss cheese topped with lettuce and herb mayonnaise on toasted focaccia served with chips.

**Steak Sandwich:** Organic rye plenty seed with grilled rib fillet, beetroot, tomato and Swiss cheese served with chips.

**Tanjas Chicken Pie:** served with salad and chips

**Vegetarian Burger:** Lentil and vegetable burger with grilled haloumi served with chips.

**Tanjas Super Beef Burger:** with fried egg, bacon and pineapple served with chips.

15% surcharge applies on Public Holidays

## Healthy Choices

### \$22.5

#### **Macadamia Salmon Salad (g)**

Grilled lemon peppered salmon fillet with toasted macadamia, avocado, feta and garden fresh salad dressed with herb yoghurt.

#### **Dukkah Chicken and Haloumi Salad (g)**

Dukkah spiced grilled chicken tenderloins and haloumi served on a roasted pumpkin and garden fresh salad dressed with herb yoghurt.

#### **Greek Style Calamari Salad (g)**

Lemon peppered pan seared tender fresh calamari strips on a garden fresh salad with olives, feta, sundried tomatoes, capsicum, cucumber with balsamic dressing

#### **Asian Coconut Prawn Salad (g,d)**

Pan seared fresh prawns in a tangy coconut sauce and crispy rice noodles on a garden fresh baby spinach salad.

#### **Balsamic Beef and Roasted Pumpkin Salad (g)**

Mustard and honey marinated tender beef strips on a roasted pumpkin, feta, and beetroot salad dressed with balsamic glaze.

#### **Garden Salad (g,d) \$15 with grilled haloumi \$18**

Crispy lettuce, garden fresh vegetables, avocado and olives dressed with vinaigrette.

## Comfort Zone

### \$19.5

**Tempura Barramundi Fillet:** with avocado, garden salad, chips and tartare sauce.

**Grass Fed Rib Steak: (g )** cooked to your liking served with chips, beetroot, garden salad served with mustard jus.

**200gr Chicken Parmigiana:** baked with homemade Napoletana, avocado, Swiss cheese and ham served with chips and garden salad.

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## Something More

### **Supreme of Chicken (g)**

**\$28.5**

Parmesan crusted chicken breast fillet stuffed with feta and sundried tomato on a Spinach risotto, creamy mushroom sauce and steamed vegetables

### **Traveller's Seafood Basket:**

**\$25**

Beer battered flat head, crumbed prawns and salt and pepper calamari served with avocado salad, chips and dipping sauce

### **Mediterranean Baked Barramundi and Prawn Salad (g)**

**\$32.5**

Oven baked barramundi topped with Mediterranean salsa and garlic prawns, roasted pumpkin feta crumble and avocado garden fresh salad.

### **Tanjas' Fishermans Platter:**

**\$42**

Grilled barramundi, garlic prawns, crispy salt and pepper calamari and a bug with hollandaise sauce served with avocado salad, chips and dipping sauce.

### **Jack Daniels BBQ Ribs: (g,d)**

**\$25**

Slow cooked BBQ pork ribs glazed with JD BBQ sauce served with apple coleslaw and chips

### **Sri Lankan Slow Cooked Lamb Curry (g,d)**

**\$25**

Sri Lankan spiced lamb cooked in a coconut sauce and chick peas served with steamed rice pappadam and fruit chutney

## Pizzas

### **Margarita Style Pizza \$13.5**

with Napoli sauce, mozzarella, fresh tomato slices and chopped basil.

### **Moroccan spiced chicken Pizza \$18.9**

### **Ham and Pineapple Pizza \$17.5**

### **Mediterranean Pizza \$18.9**

With Napoli sauce, mozzarella, grilled vegetables, olives, spinach and feta crumble  
Drizzled with balsamic reduction

## Junior Meals \$9.9

### **Age Under 12**

Battered Fish and Chips  
Juicy Cheese Burger and Chips  
Chicken Nuggets and Chips

## Sides

Chips and Tomato Sauce **\$7**

Potato Wedges: with sweet chili sauce and sour cream **\$8.5**

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## Lunch Special \$13.5

11am to 2pm only

- **Moroccan spiced Chicken Wrap:** with chips and aioli
- **Crumbed Whiting:** with chips, salad and aioli
- **Chicken Schnitzel:** with salad and chips
- **Butterfly Crumbed Prawns:** with chips, salad and aioli
- **Spinach and Ricotta Quiche:** with chips and salad.
- **Ham and Cheese and Tomato open faced Focaccia:**with chips.

### PREMIUM PLATTERS

## Platter for TWO including dessert and coffee

### **TANJA'S BEEF AND REEF PLATTER**

**\$95.00**

Grilled medallions of eye fillet, barramundi, crumbed prawns, grilled bug with hollandaise, served with salad, chips and dipping sauce. + Dessert and coffee

### **TANJA'S SEAFOOD PLATTER**

**\$80.00**

Grilled bug with hollandaise, grilled barramundi, crumbed prawns, and salt and pepper calamari with salad, chips and dipping sauce  
+ Dessert and coffee

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